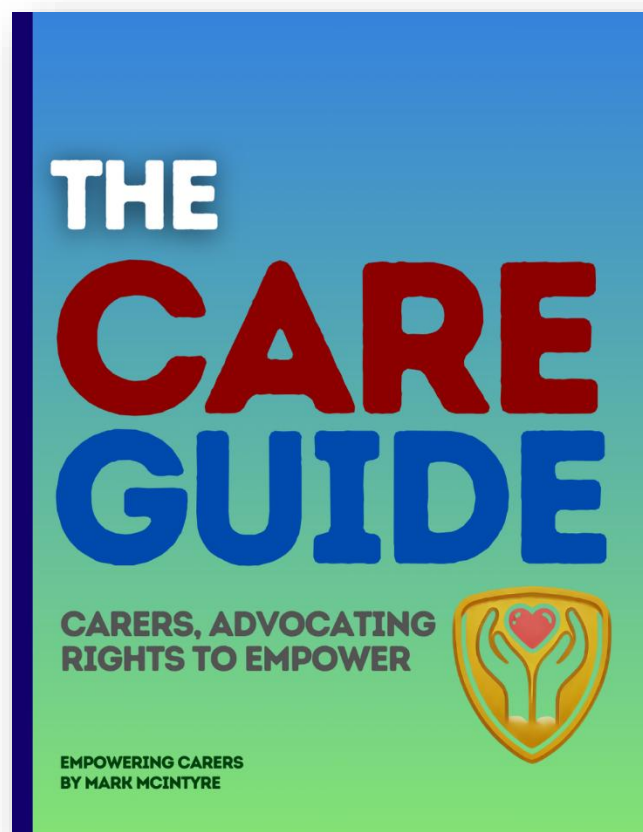


STORY 1

Bullying at the Fairy Meadow

Reflection and Teaching Aid

Section B of The Care Guide – Advocacy Stories



Training Resource Sheet – Story 1 Glitter the Fairy: Bullying at the Fairy Meadow

(From Section B – Advocacy Stories)

Story Summary

Glitter the Fairy tries to join in at the Fairy Meadow, but the other fairies whisper, exclude her, and make her feel unwelcome. It isn't name-calling or physical harm, it's the kind of bullying that hides in the shadows: silence, exclusion, and coldness. Glitter begins to doubt herself until a wise older fairy helps her find the strength to speak up and seek support.

Training Focus Areas

1. Understanding Covert Bullying

- What does subtle or hidden bullying look like in a care setting?
- Can bullying happen between staff members? Between staff and service users?

2. Creating Safe Spaces

- How do we make sure everyone—staff and service users—feels included and valued?

3. Speaking Up for Others

- What is advocacy in these situations?
- How do we balance stepping in with maintaining respect and dignity?

4. Emotional Impact & Mental Health

- What is the long-term effect of social exclusion or isolation?

Discussion Questions

- Have you ever witnessed a "Glitter" situation in your workplace?
- How can we spot signs of exclusion or indirect bullying?
- How would you support a service user who feels left out?
- How do we challenge cliques or unspoken staff hierarchies?

Practical Actions

- **Role Play:** Practice a kind and respectful intervention.
- **Reflective Task:** Write down one small action you can take to promote inclusion.
- **Weekly Challenge:** Choose one colleague or service user to intentionally connect with more this week.

Key Learning Outcome

Bullying doesn't always shout, it sometimes whispers. Recognising subtle harm, creating safe spaces, and using your voice to uplift others is a core part of quality care.

How to Use This Resource

Use this sheet for reflective supervision, team discussions, or short training sessions. Revisit the story as needed. Scan the QR code at the end of the story to return to this sheet anytime.

Date:

Time:

Place:

Name of presenter:

Names of staff in attendance:

Name of service users taking the lesson:

Feedback: